



Our promise is to protect, promote and support breastfeeding

We are committed to:

- ◆ Welcoming all families
- ◆ Providing all families with evidenced-based information to make an informed decision on feeding their babies including health and financial considerations.
- ◆ Promoting and supporting families infant feeding decisions.
- ◆ Promoting exclusive breastfeeding for the first six months, and continued breastfeeding for two years or longer with the addition of other foods
- ◆ Welcoming breastfeeding anytime, anywhere
- ◆ Continuing to educate all staff to ensure consistent and seamless care
- ◆ Working with our community to support breastfeeding

North Zone Public Health has an infant feeding support policy to promote, protect and support breastfeeding and infant feeding.